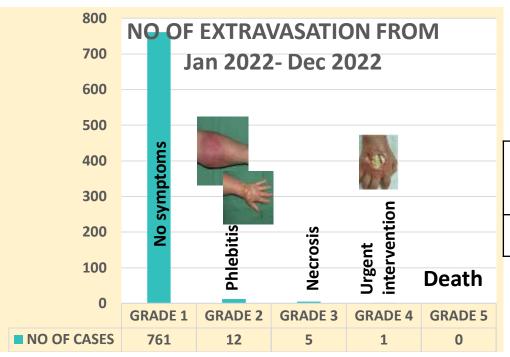
# Empowering nurses to conquer Extravasation (E-E approach)

Team Name: Pratidhi Team (A Sanskrit word-means "HOPE")
Kauvery Hospital, KCH



## **Problem Selection**

**Extravasation** in the hospital for the IP patients are the worst parameter as it is one of the **Nursing quality indicator according to NABH** which obviously affects the patient safety, increases length of stay which results in additional burden - physically and financially to both patient & family members Consequently, these all will leads to impaired quality of service by loss in hospital reputation , which made us to select this as the major problem.



Target (Value)	From 18 (different grade from 2-5) to 0
Target (Period)	Jan 2022- Dec 2022



## Problem Definition

Severity of the Problem
<ul> <li>Extravasation may lead to legal and ethical issues</li> <li>Length of stay will be increased based on the severity of the injury (Approx. 15days)</li> <li>Patient may undergo addition surgery – e.g., Wound debridement / skin grafting procedure / amputation</li> </ul>
☐ It may results is lethal effects
Importance to Eliminate
☐ To ensure the patient safety and satisfaction
☐ Cost reduction by reducing the length of stay
☐ To maintain the hospital Standard & Quality
Impact to Internal and External Customers

#### Internal customer:

- Increased incidents in Oncology unit leading to guilt about their practice
- Staff morale got affected

#### **External customer:**

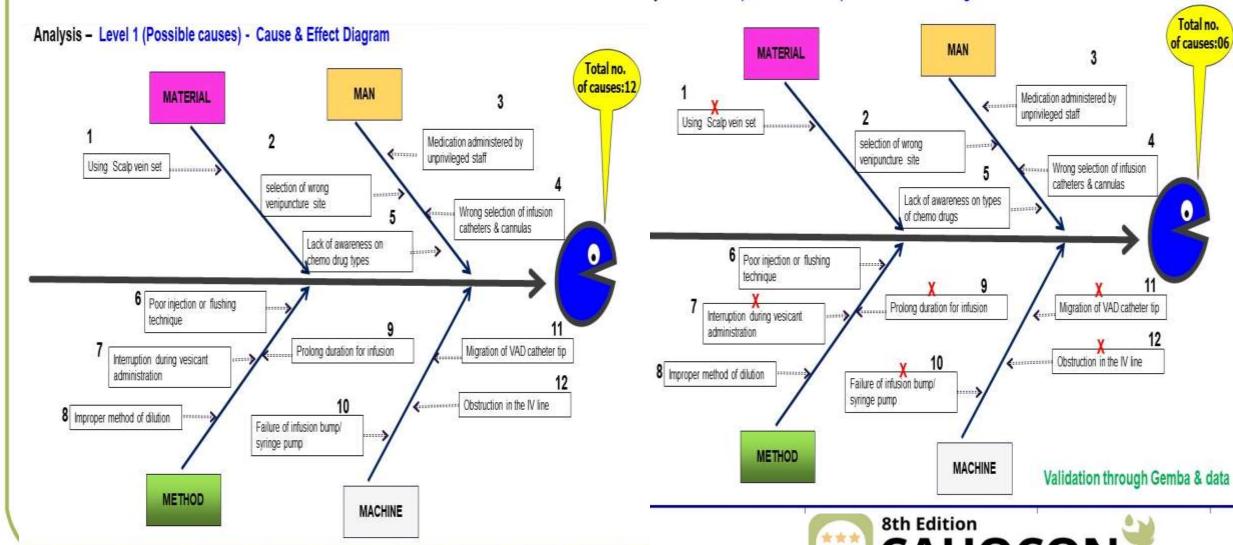
- Patient dissatisfaction due to increased length of stay and cost.
- Family dissatisfaction due to physical injury & lethal effects caused to the patient
- Psychological impact for both patient and family



## Cause Identification

### Analysis - Level 2 (Probable causes) - Cause & Effect Diagram

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## Cause Identification

Analysis: Probable cause validation

Probable Causes validation by experiment

Probable cause: Medication administered by unprivileged staff (3)

Experiment:



Validated: Gemba through observation

Conclusion : Found there were no privileged nurse in the chemotherapy unit. Hence it is significant

Analysis: Probable cause validation

Probable Causes validation by experiment

Experiment:



Validated: Gemba Observation

Conclusion :There were no SOP for chemotherapy administration. Hence it is significant



Root cause Identification-Analysis — (Why Why Analysis)

#### Extravasation due to Medication administered by unprivileged staff (3)



Not all the staff has the exposure in handling chemotherapy



There were no privileged staff for chemotherapy



No specialized training was given

Root Cause: No Specialized training was given

Countermeasure: Identified specialized nurse and trained the existing staff to handle chemotherapy

#### Extravasation due to

selection of wrong venipuncture site (2), Poor injection or flushing technique (6), Improper method of dilution (8) & Wrong selection of infusion catheters (4)



There is no uniformity in practice



Each Oncology Doctor has their own protocol



There is no standard SOP

Root Cause: There is no standard SOP

Countermeasure: Developed standard SOP & Clinical pathway



# **Developing Solution**

Analysis	Responsible person	Action taken	Result
Poor injection or flushing technique (6) ,Improper method of dilution (8)	Unit Incharge & Nurse Educators	<ul> <li>Structure training program</li> <li>Knowledge regarding IV cannulation and techniques for chemotherapy</li> <li>Hands on training for selection of veins, flushing technique and dilution</li> </ul>	Staff were expert in handling chemotherapy patients
Medication infused by unprivileged staff (3)	Unit Incharge	Identified staff and sent them for the onco training certification program	Staff were privileged to handle the chemotherapy
Wrong venipuncture site (2), Wrong selection of infusion catheters (4)	Doctors	<ul> <li>Nurse empowered to inform about the lines and duration</li> </ul>	Doctors were able to insert the lines based on the duration



## Trial Implementation- 4W 1H technique

Sl. No	WHAT	WHERE	WHEN	WHO	HOW
1	No privileged & trained staff to handle chemotherapy	In chemotherapy unit	Jan 2022- Jun 2022	Nurse	<ul> <li>Identified qualified nurses trained and privileged them</li> </ul>





Hands on training

On the job training





Method of dilution under laminar flow

#### **Selection of veins**





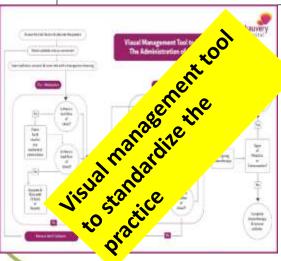
# Regular Implementation

## **After Countermeasure implementation**

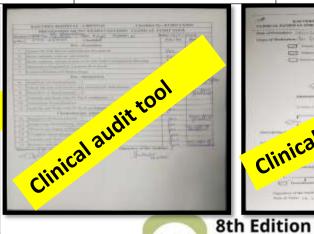
1	Particulars	Target	Actual achieved
	Extravasation – Jan 2022 to Dec 2022	Reducing the incidence of extravasation	Target achieved by reducing the extravasation by Jul
l		18 to 0%	2022 onwards and no cases reported till date

## **Standardization - 5W 1H Technique**

S.N	What	Where	Who	When	Why	How
1&2	Chemotherapy handled by Privileged staff & Sustenance of practice	Day care & IP	Medical Administrator & Director of Nursing	Jan 2022 & July 2022	To reduce extravasation & to enhance patient safety	SOP & Clinical pathway Number:14 (Rev. No: 65.B) Rev. Date:8 <sup>th</sup> April 2022 & Name: Prevention of extravasation – Clinical Audit Tool No: KCH-CCS-024









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## Follow-up

	Extravasation rate Pre- intervention period			Intervention period		ntervention period	After Implementation			
Grade 1	No symptoms	(Jan 2022- Ma	r 2022)	( Apr 20	022- Jun 2022)	(Jul 202	22- Dec 2022)	( Jan 2023- Oct 2023)		
Grade 2	Phlebitis	No standar chemother	rapy	for	isual management too nurses to standardize	ical pathway created avasation protocol for	Following visual management tool			
Grade 3	Necrosis/ ulceration	<ul><li>No Cannul characteris</li><li>No privileg</li></ul>	stics	che						
Grade 4	Urgent intervention	knowledge		• CNE	program Tangible Benefits		Quality	Cost		
Grade 5	Death	strengther competen		imp	continual provement ravasation Extended length eliminated by rec	ucing the	3407 Direction of improvement	Tangible benefit for the company Study period – Total cases in Jan 2022 – Oct 2022 – 2853 cases After implementation – Total cases in Jan 2023 – Oct 2023 - 3056 cases Per case cost of procedure- Rs.40,000 (approx.)		
Total Chemotherapy  Findings: Grade 1  Grade 2  Grade 3  Grade 4  Grade 5  761  12 No's  5 No's  1  1		rade 1 761 12 No's			815 extravasation rat Rs.9500/day (a)	NO. 1	1045	Tangible benefit for the patient  Cost of extended length of stay is reduced –  ₹1,50000(approx.)  Reduces the surgery cost ₹50,000 (approx.)		
					803					
					4 No					
					2 Nc					
			O Intangible Benefits			N/I				
		(	)		0 Delive	N.	Safety	orale		
	Time period	Number	Mean	S,D	Mean I Reduced the incidence	<del></del>	To be proactive to ensure the patient sa and satisfaction	fety Reducing staff stress and improve the job satisfaction.		
Pre-i	ntervention period	18	7.2	6.8	-6.8					
Post -	intervention period	01	0.4	0.5						

# Overall Project summary

